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Joy's Journal  
**Vancouver's Social News Scene**

#### Joy's Bio

Joy Metcalfe isn't really everywhere, it just seems that way. Openings, premieres, interviews, news conferences, celebrity sightings...it's fast-paced, energetic, and effusive, like Joy herself.

**"My main job in life? Get it first."** - Joy Metcalfe  
Tuesday, April 28, 2009

Musician Joe Coughlin, the reigning national jazz male vocalist of the year, held two CD release concerts at the Cellar Jazz Club this past weekend. Both were sellouts. Among those giving Joe a standing ovation and waving was handsome 007 himself, Pierce Brosnan, who purchased several CDs...

The very busy and award-winning Blue Water Cafe was the place to be on Sunday night as the lovely Bo Derek dined with her adoring beau John Corbett of Northern Exposure and Sex in the City while just across the room, talented actor Lou Diamond Phillips dined with his wife and daughter...  
\*\*\*\*



As all Joy's Journal readers know, Victoria is one of my very favourite places to be at any time of the year. This past week we took that relaxed and interesting 90 minute sea voyage across the Georgia Straight on BC Ferry's Queen of Cowichan into the provincial capital. There were cherry blossoms everywhere as well as daffodils, hyacinths, beautiful magnolia trees, budding roses and spacious colourful gardens. Because we were on a mini-vacation, you tend to notice the small, pretty things more, you truly relax and smell the roses.

Victoria, with its old world charm, offers old-fashioned horse-drawn carriages, splendid formal gardens, a wealth of schooners and yachts, an entire harbour

sea walk of native carvings and jewellery, its tiny but very effective ferries, whale watching tours and a vast array of attractive and view-laden restaurants.

We overnighted at the beautiful and intimate 63-room, seven storey 11-year old Magnolia Hotel where Jana Cornelius is General Manager. The bible for the travelling public, Conde Nast, recently named The Magnolia (don't you just love that name!) as one of the three top hotels in Canada! No wonder this luxury boutique hotel with it's timeless elegance, convenient location, personal attentive service, floor-to-ceiling windows, a two-poster queen bed with six fluffy feather pillows, Aveda products in the bathroom, gourmet coffees and teas has such overwhelming appeal. Even more special, there's a fantastic complimentary European continental breakfast that offers everything from cereals and yohurt, fresh fruit cocktail, eggs, muffins, cinnamon rolls, toast and delectable waffles.

Spa Magnolia, under owner and director Paula Veenema, has recently expanded onto the hotel's main floor and is so cool, calm and refreshing. It embodies the world famous Aveda holistic approach in its various treatments.

The hotel's newly-renovated Prime Steakhouse and Lounge, under Chef Bruce Batty, offers a wide variety menu with the most popular being the prime salad, Lamb Burgers, New York Steak and Lobster Linguine. It's the first time we'd stayed at The Magnolia but it definitely won't be the last...  
\*\*\*\*

Also in Victoria, the Naramata Bench winery people were hosting their annual spring releases, this time at the Inn at Laurel Point where Ian Powell is General Manager.

The scenic Inn at Laurel Point is right on the harbour waterfront and is pure unadulterated glamour with a capital G. The rooms are huge with sunny balconys, overlooking the splashing waterfall and lagoon while the ferries ply the waters as The Coho, sea planes, yachts and harbour craft sail into the sunset.

Some 14 different wineries were represented at the Naramata affair in the prettiest catering venue, The Terrace Ballroom, without doubt the sunniest room



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imaginable. Genial Tina Baird was the official welcoming hostess as director, marketing and PR for the bench wineries as PR Sue Alexander and Lexa Betson kept track of the numbers for the afternoon reception and the evening gala.



Terry David Mulligan, who's now operating Tasting Room Radio, a weekly show that celebrates wine, food and lifestyles of the Okanagan, was on hand chatting with the wine growers and makers, sommeliers, artisans and chefs. Terry's also the co-host and co-producer with actor Jason Priestly on the TV series "Hollywood and Vines" which is going into its second season on Canada's Super Channel.

Veteran Vancouver restaurateur Mike Raffan was also on hand. He's now the owner/operator of the Township 7 Vineyards & Winery and loving the lifestyle as do Miranda and Del Halladay who have the unique Elephant Island Orchard Wines, former investment dealer Cynthia Enns of the Laughing Stock Winery, Tim Watts, winemaker and owner of the Kettle Valley Winery and the delicious Old Main Red and Summerland's Ian Sutherland of the Poplar Grove Winery.

It was weirdly coincidental that I should asked Ian if he ever knew a Dr. Wilfred Evans, my former doctor who had moved to Summerland to open his practice there years before. Turns out that Dr. Wilf had been his next door neighbour til his passing some years ago. Then Ian asked me if I knew that Wilf had developed one of the most important medical tests a woman can have.

Seems that Dr. Wilfred Evans, lovable and compassionate, developed the pap test, a vitally important test that has saved countless women's lives all over the world. And I never knew it. A very informative and fun affair, great afternoon and terrific evening gala!

\*\*\*\*

Don't forget that more than 100 restaurants throughout BC will be supporting the Make-A-Wish organization this Thursday, April 30th, with their Sweet Dreams Dessert Day. Since it's inception in 1980, Make-A-Wish has granted 187,000 wishes of children with life-threatening medical conditions. Indulge! You'll make a little kid's dream come true...

\*\*\*\*

We'll try again. Above are the photos of Enrico and Aline, Count and Countess Dobrzensky and CTV's Coleen Christie and Mike Killeen with Mike's P.R. wife, Jill Killeen, from last week's Diamond Ball gala. Send your comments, event info, rumors, etc. to Joy at [joymetcalfe@shaw.ca](mailto:joymetcalfe@shaw.ca)

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